



EVENT INFORMATION RELEASE

What The 13th-annual **National Learn To Row Day** will take place on **Saturday, June 7, 2014**, in rowing clubs and health clubs throughout the United States.

Great Salt Lake Rowing (GSLR), your Salt Lake City-area sponsor, will host this **FREE** public event intended to give participants a “**taste of rowing**”!

Who

- Everyone age 12-99 interested in rowing
- Those under age 18 need a guardian/parent to sign the waiver

When Saturday June 7, 2014, 09:00am – 1:00pm

Where Great Salt Lake Marina – South End @ small boat docks
Note: A \$3.00/car fee will be charged by UT State Parks @ marina entrance

Directions SaltAir exit 104 from I-80 Westbound, then frontage road westbound past SaltAir to Utah State Parks and Recreation marina office, then south along marina to event – watch for the Great Salt Lake Rowing **National Learn To Row Day** banners!

Background

- Want to learn about rowing?
- Want to try rowing?
- Want to learn more about the Great Salt Lake?

Some of the events scheduled include:

- Hands-on ergometer (rowing machine) experience
- On-the-water rowing experience with GSLR members
- GSLR member discussions on training
- GSLR membership information
- GSLR information on year-round Great Salt Lake rowing

Participants should wear suitable recreational sports clothing (snug wear is best) and bring lots of water, sun-screen, head covering, and enthusiasm.

For additional information on **National Learn To Row Day** and rowing in the Salt Lake City area visit www.gslr.org or email OLDROWER@comcast.net